




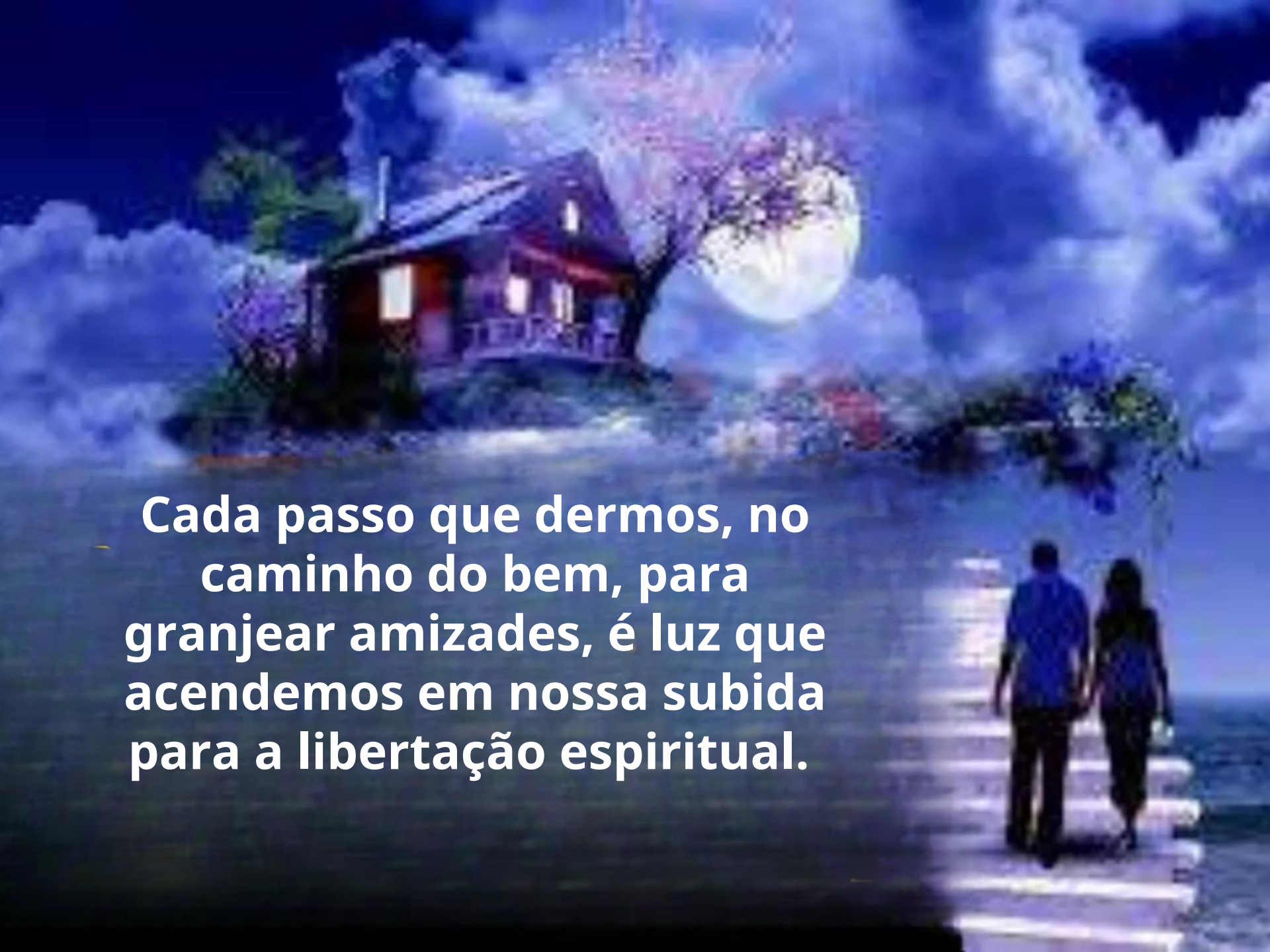
Amizade é saúde.

Trecho do livro: "Saúde"
pelo espírito Miramez




A romantic night scene featuring a small wooden cabin with a porch and a chimney, illuminated from within. A large, bright full moon hangs in a dark, cloudy sky. In the foreground, a couple is seen from behind, walking hand-in-hand on a stone path that leads towards the cabin. The overall atmosphere is serene and intimate.

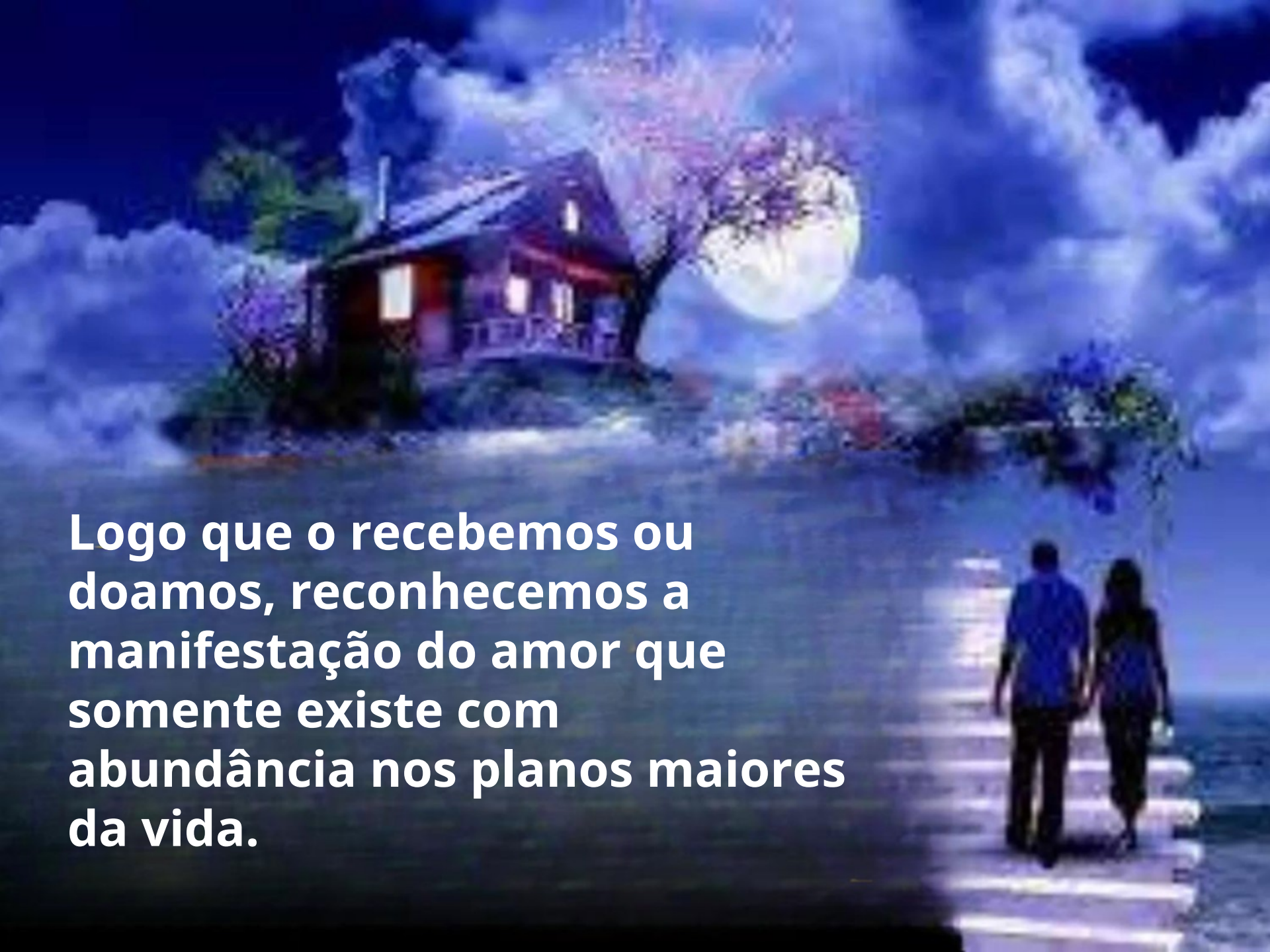
“A amizade converge de pontos afins, onde os corações se unem em plena fraternidade. A afeição mútua é garantia para o amor, e o desencanto dos sentimentos é falta de Cristo no coração.”

A dreamlike scene with a cabin, a large moon, and a couple walking up stairs. The scene is set in a dark, blue-toned environment. In the upper left, a small wooden cabin with a chimney and a porch is visible, with its windows glowing. To its right, a large, full, bright yellow moon hangs in a dark blue sky filled with soft, white clouds. In the foreground, a couple is seen from behind, walking up a set of white stone steps that lead towards the right. The man is wearing a dark shirt and pants, and the woman is wearing a dark dress. The overall atmosphere is serene and ethereal.

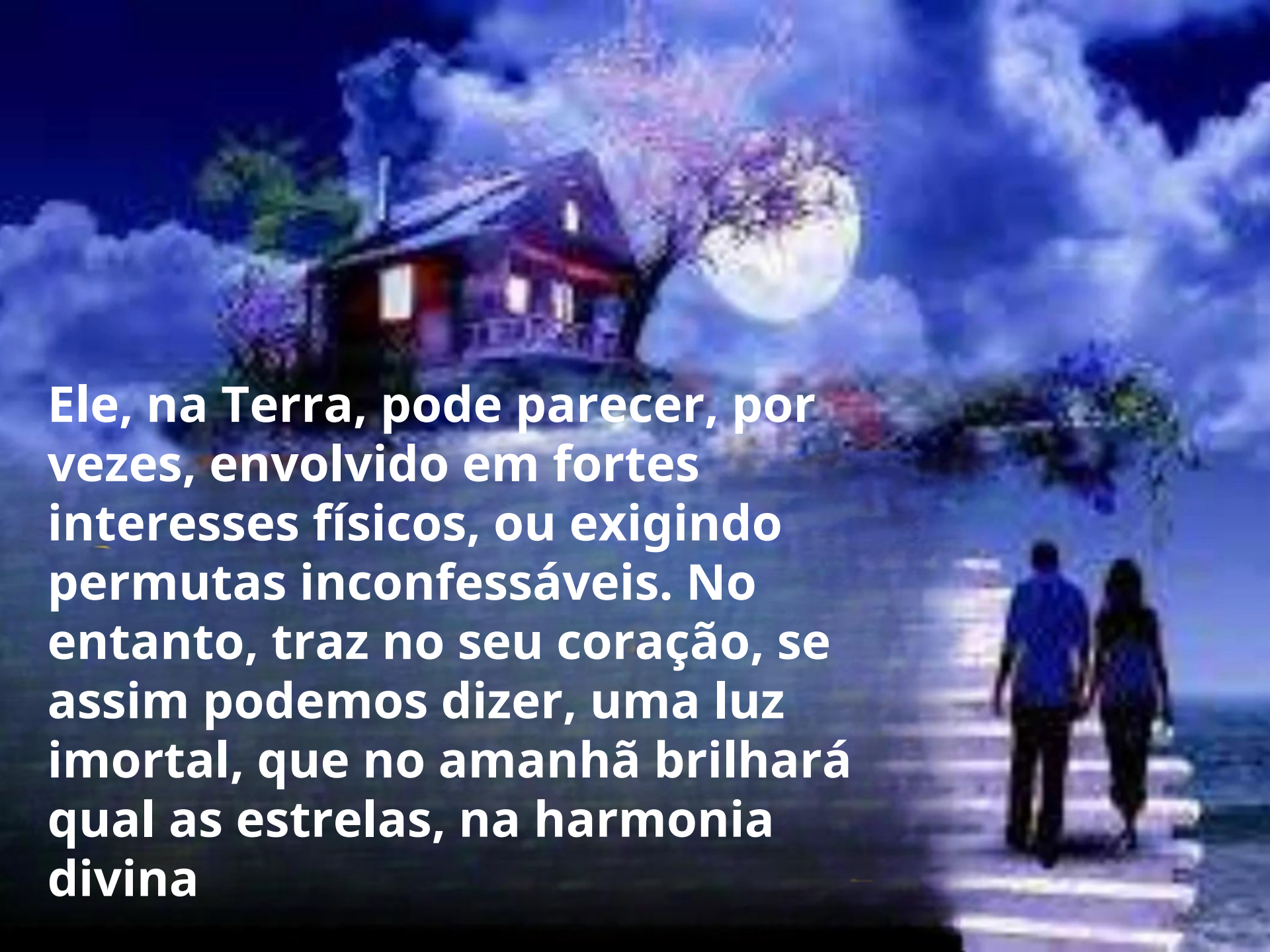
**Cada passo que dermos, no
caminho do bem, para
granjear amizades, é luz que
acendemos em nossa subida
para a libertação espiritual.**

A romantic night scene featuring a small wooden cabin with a chimney and a porch, illuminated from within. A large, bright full moon hangs in a dark, cloudy sky. In the foreground, a couple is seen from behind, walking hand-in-hand on a stone path that leads towards the cabin. The overall atmosphere is serene and intimate.


**A atração entre as pessoas
tem muito a ver com a
presença do amor. Carinho é
coisa muito séria.**

A romantic night scene featuring a small wooden cabin with a chimney and a porch, illuminated from within. A large, bright full moon hangs in a dark, cloudy sky. In the foreground, a couple is seen from behind, walking hand-in-hand on a stone path that leads towards the cabin. The overall atmosphere is serene and intimate.

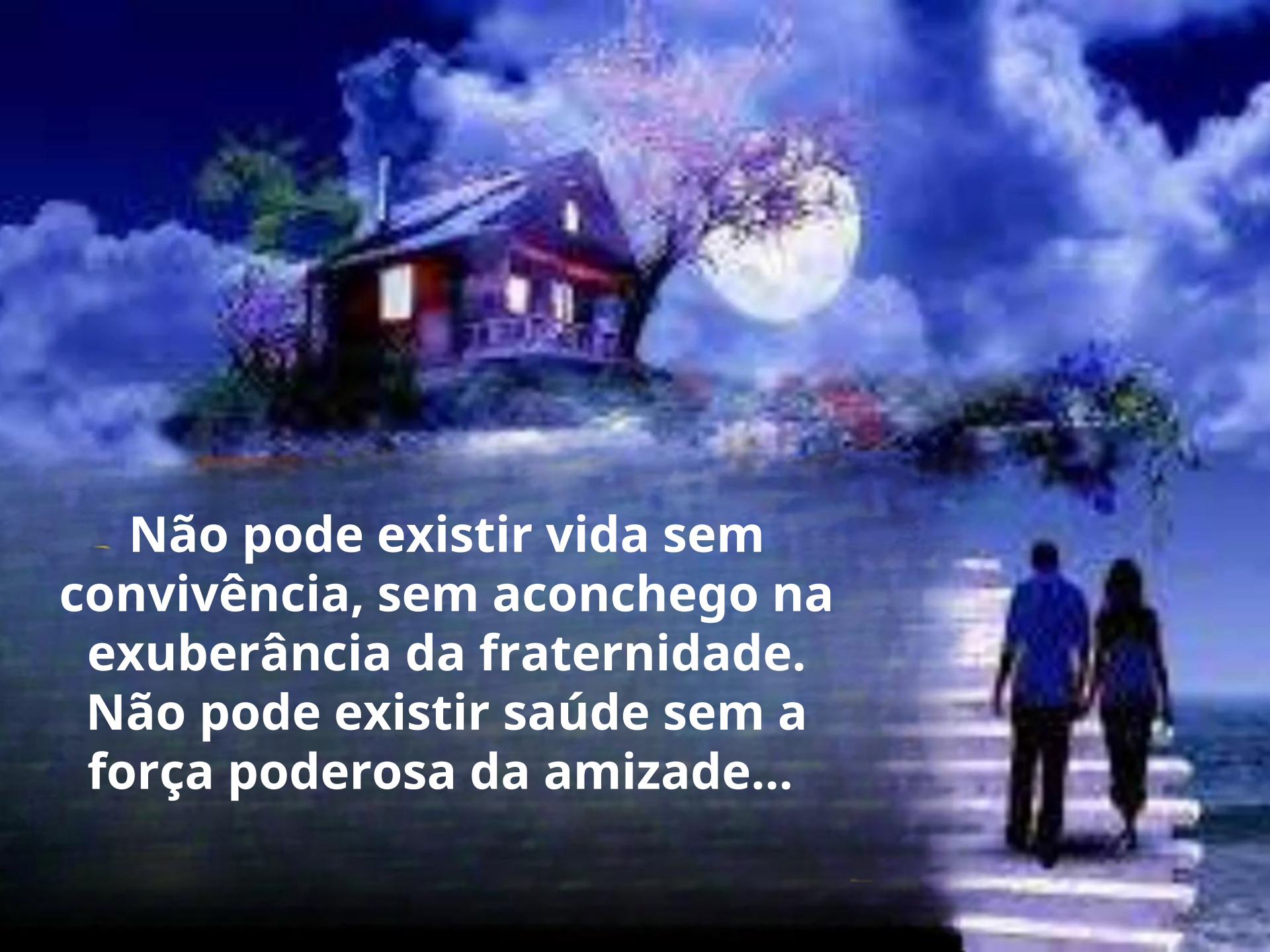
Logo que o recebemos ou doamos, reconhecemos a manifestação do amor que somente existe com abundância nos planos maiores da vida.

A romantic night scene featuring a small, cozy house with a chimney and a balcony, illuminated from within. A large, bright full moon hangs in a dark, cloudy sky. In the foreground, a man and a woman are seen from behind, walking hand-in-hand on a stone path that leads towards the house. The overall atmosphere is serene and intimate.

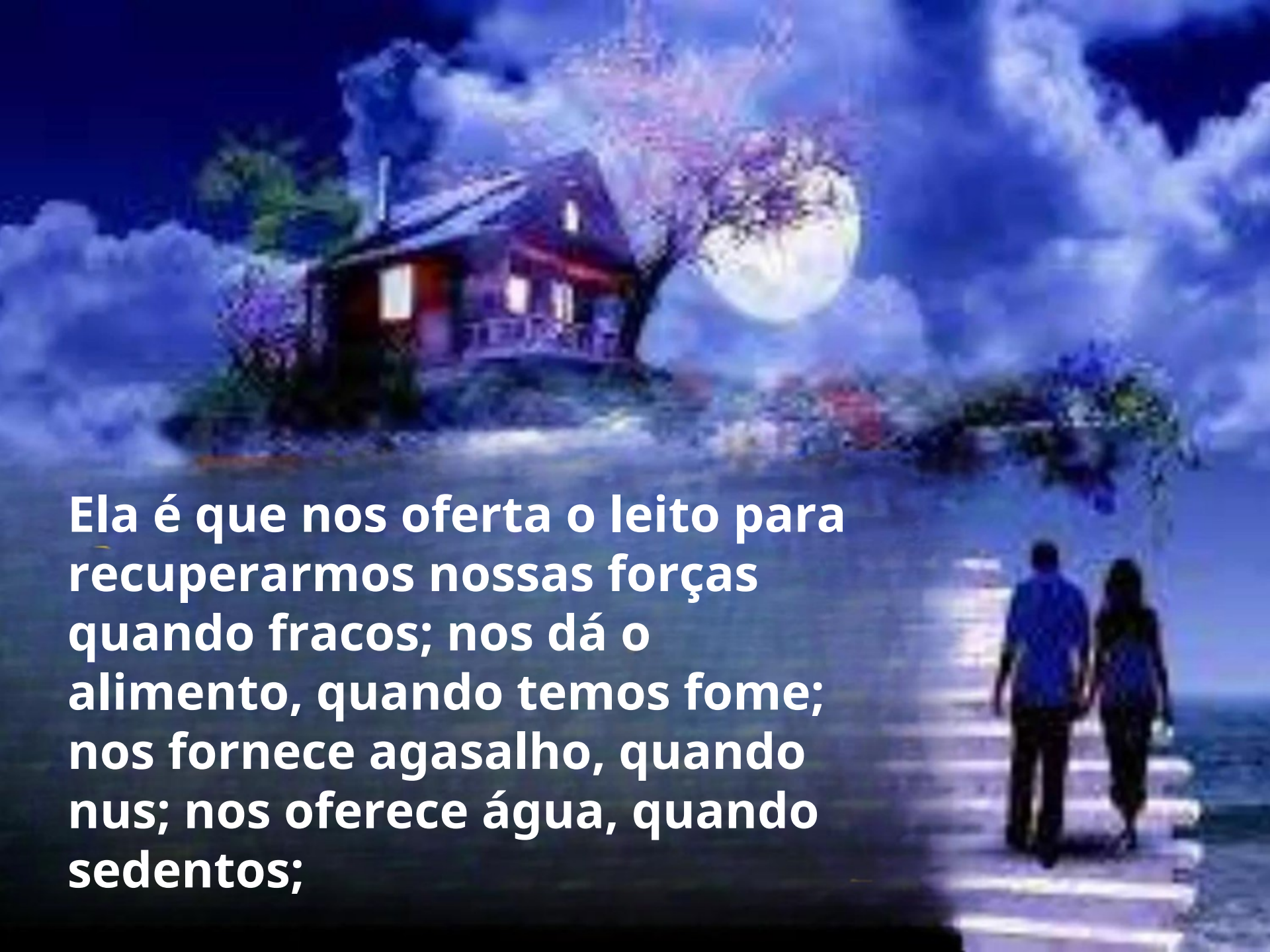
Ele, na Terra, pode parecer, por vezes, envolvido em fortes interesses físicos, ou exigindo permutas inconfessáveis. No entanto, traz no seu coração, se assim podemos dizer, uma luz imortal, que no amanhã brilhará qual as estrelas, na harmonia divina

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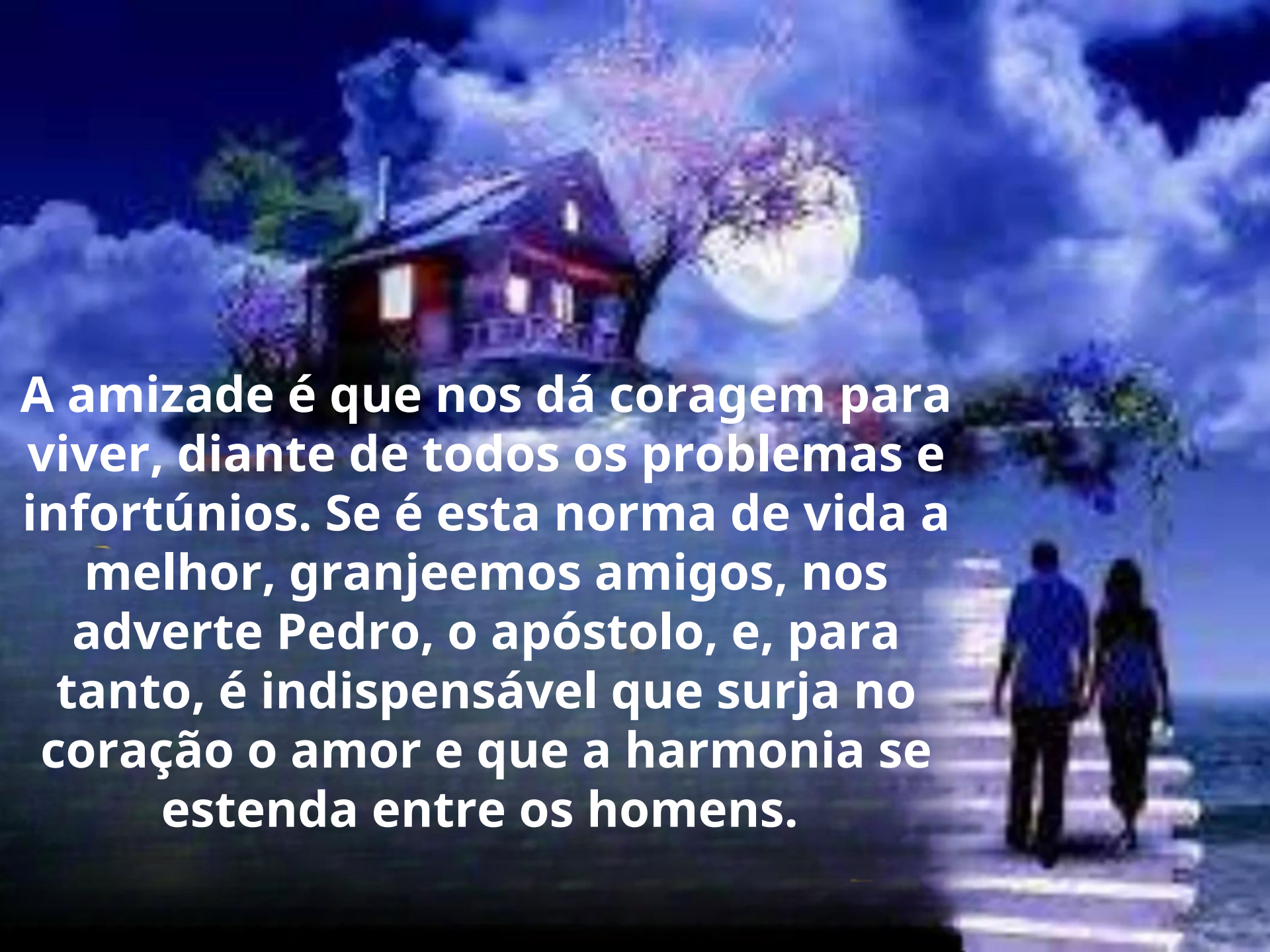
**Nada se perde. Tudo que
plantamos nasce e torna a nascer
por mil meios, na multiplicação
da vida, em busca do esplendor
de Deus.**

A romantic night scene featuring a small wooden cabin with a chimney and a porch, illuminated from within. A large, bright full moon hangs in a dark, cloudy sky. In the foreground, a couple is seen from behind, walking hand-in-hand on a stone path that leads towards the cabin. The overall atmosphere is serene and intimate.

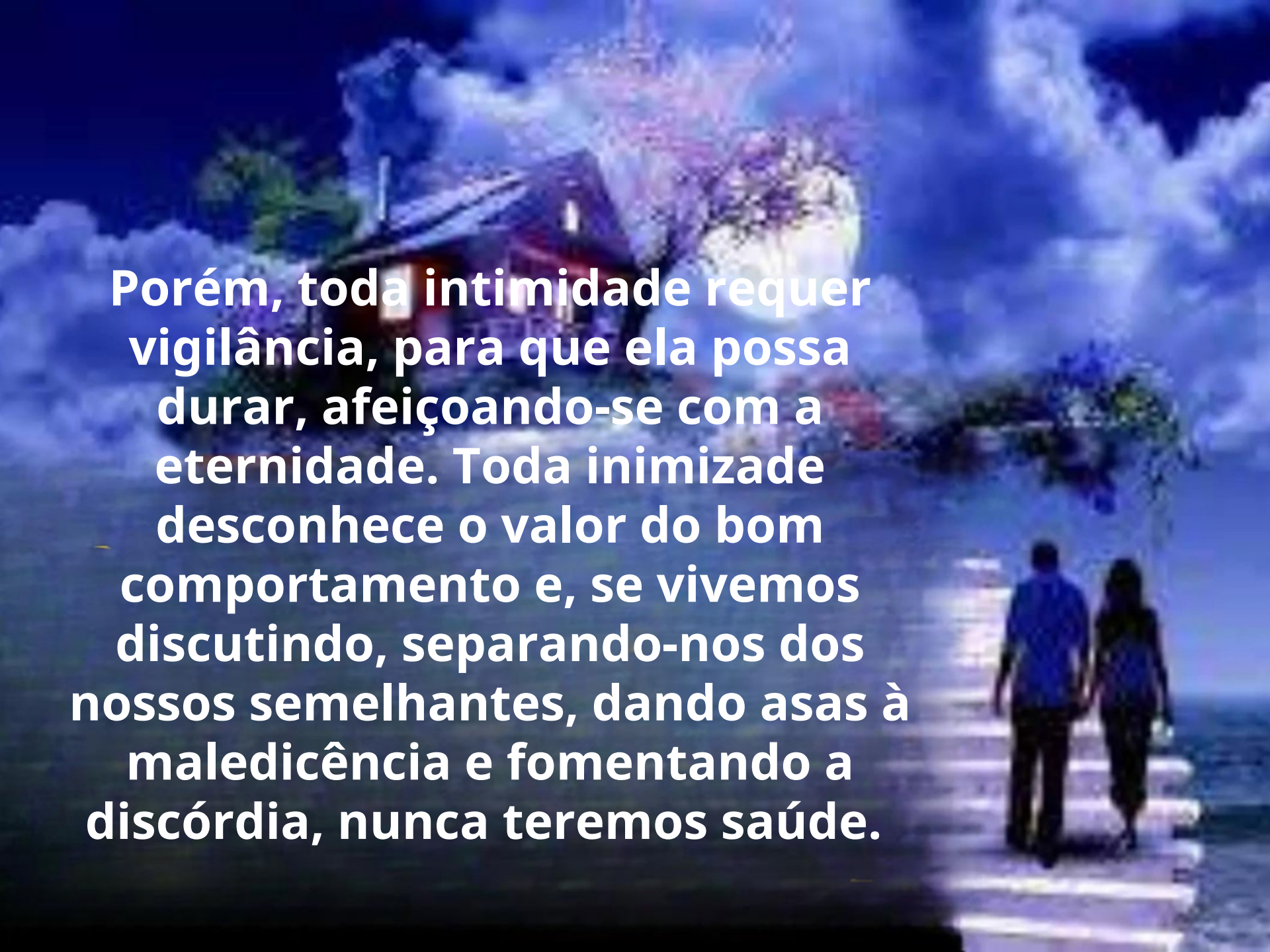
- Não pode existir vida sem convivência, sem aconchego na exuberância da fraternidade. Não pode existir saúde sem a força poderosa da amizade...

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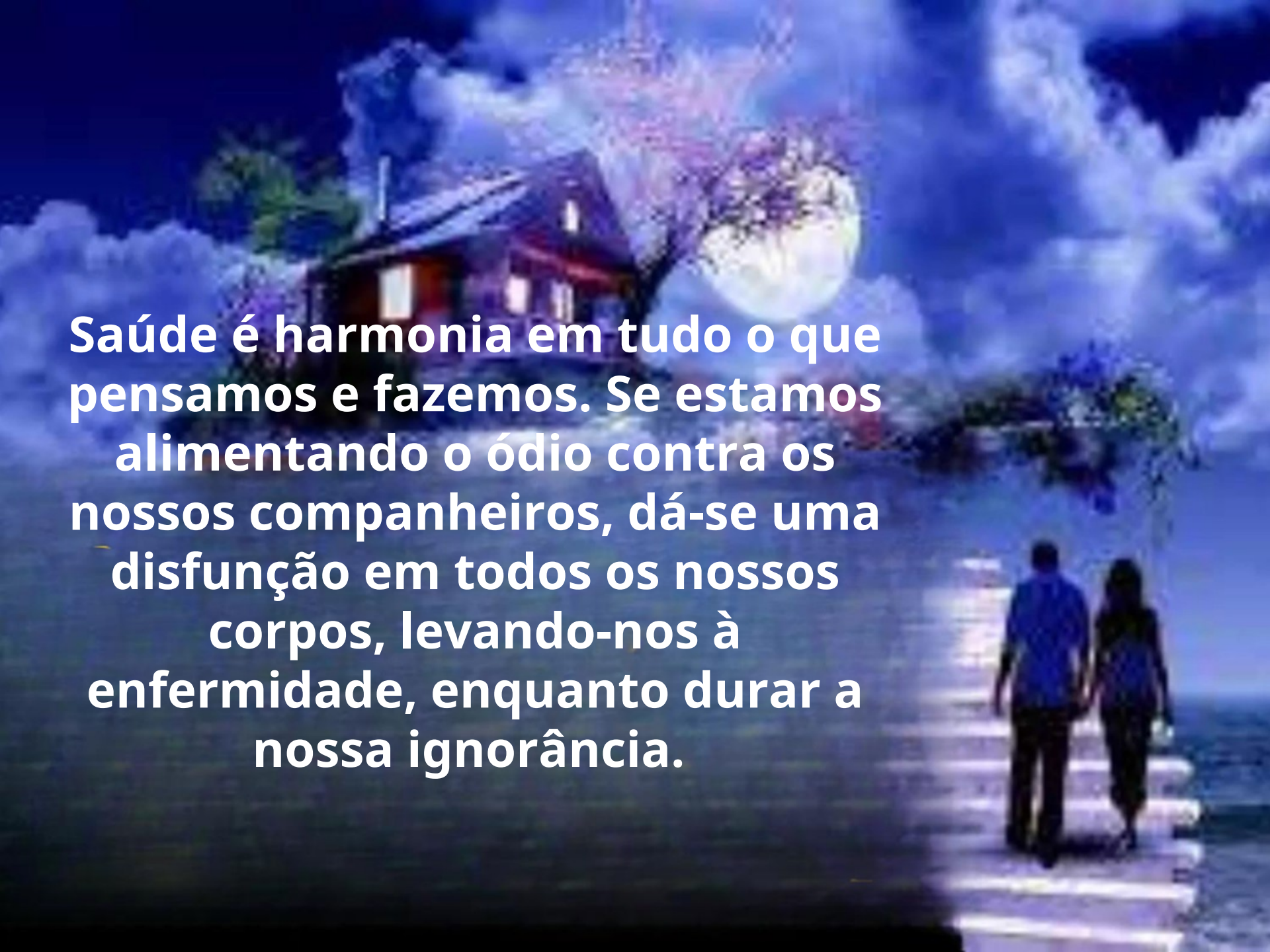
**Ela é que nos oferta o leito para
recuperarmos nossas forças
quando fracos; nos dá o
alimento, quando temos fome;
nos fornece agasalho, quando
nus; nos oferece água, quando
sedentos;**



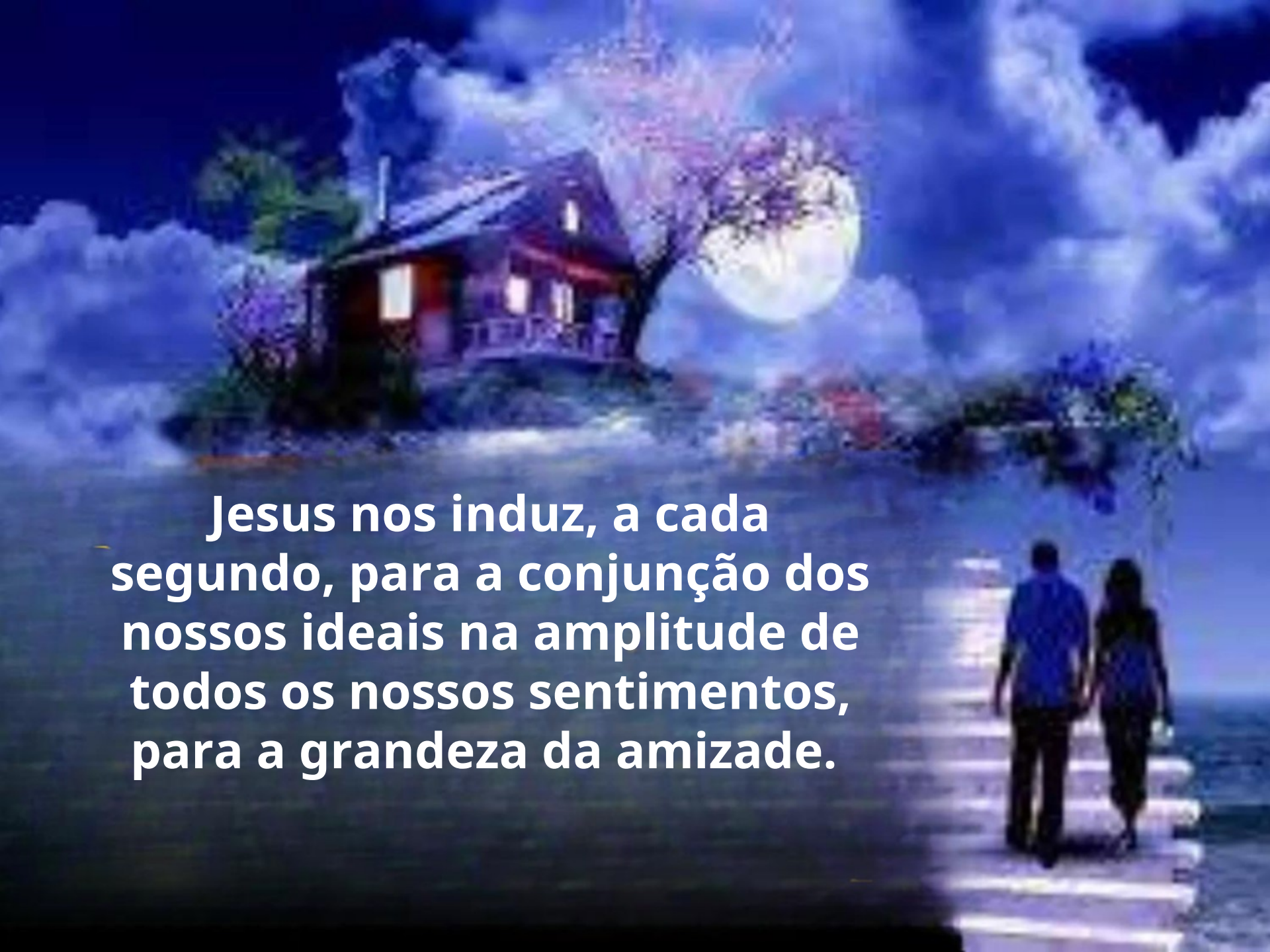
A amizade é que nos dá coragem para viver, diante de todos os problemas e infortúnios. Se é esta norma de vida a melhor, granjeemos amigos, nos adverte Pedro, o apóstolo, e, para tanto, é indispensável que surja no coração o amor e que a harmonia se estenda entre os homens.



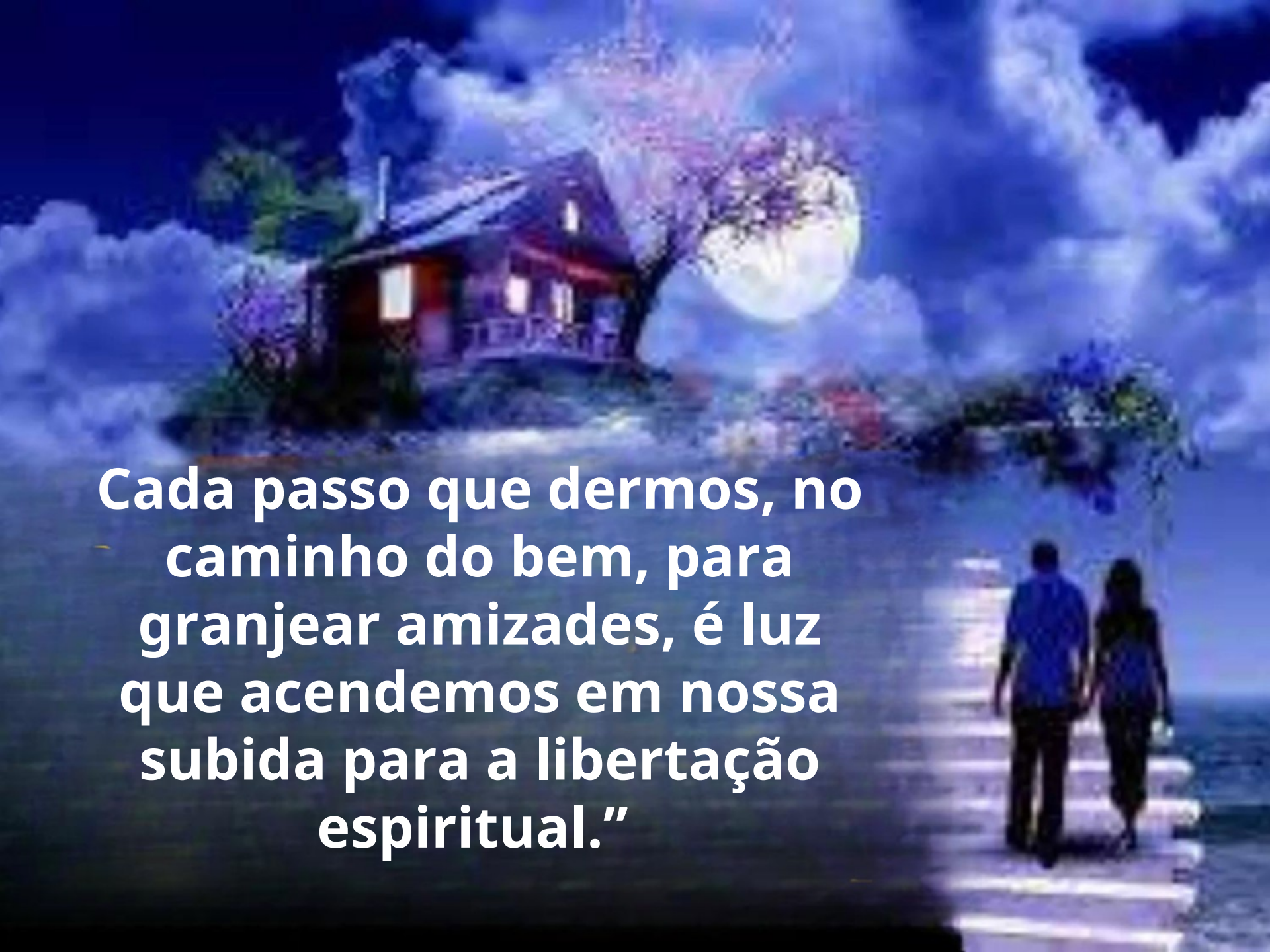
Porém, toda intimidade requer vigilância, para que ela possa durar, afeiçoando-se com a eternidade. Toda inimizade desconhece o valor do bom comportamento e, se vivemos discutindo, separando-nos dos nossos semelhantes, dando asas à maledicência e fomentando a discórdia, nunca teremos saúde.

A romantic night scene featuring a wooden cabin with a chimney, a large full moon, and a couple walking away on a path. The scene is set against a dark, cloudy sky with a full moon. In the foreground, a man and a woman are walking away from the viewer on a stone path that leads towards the cabin. The cabin has a warm glow from its windows. The overall mood is peaceful and intimate.

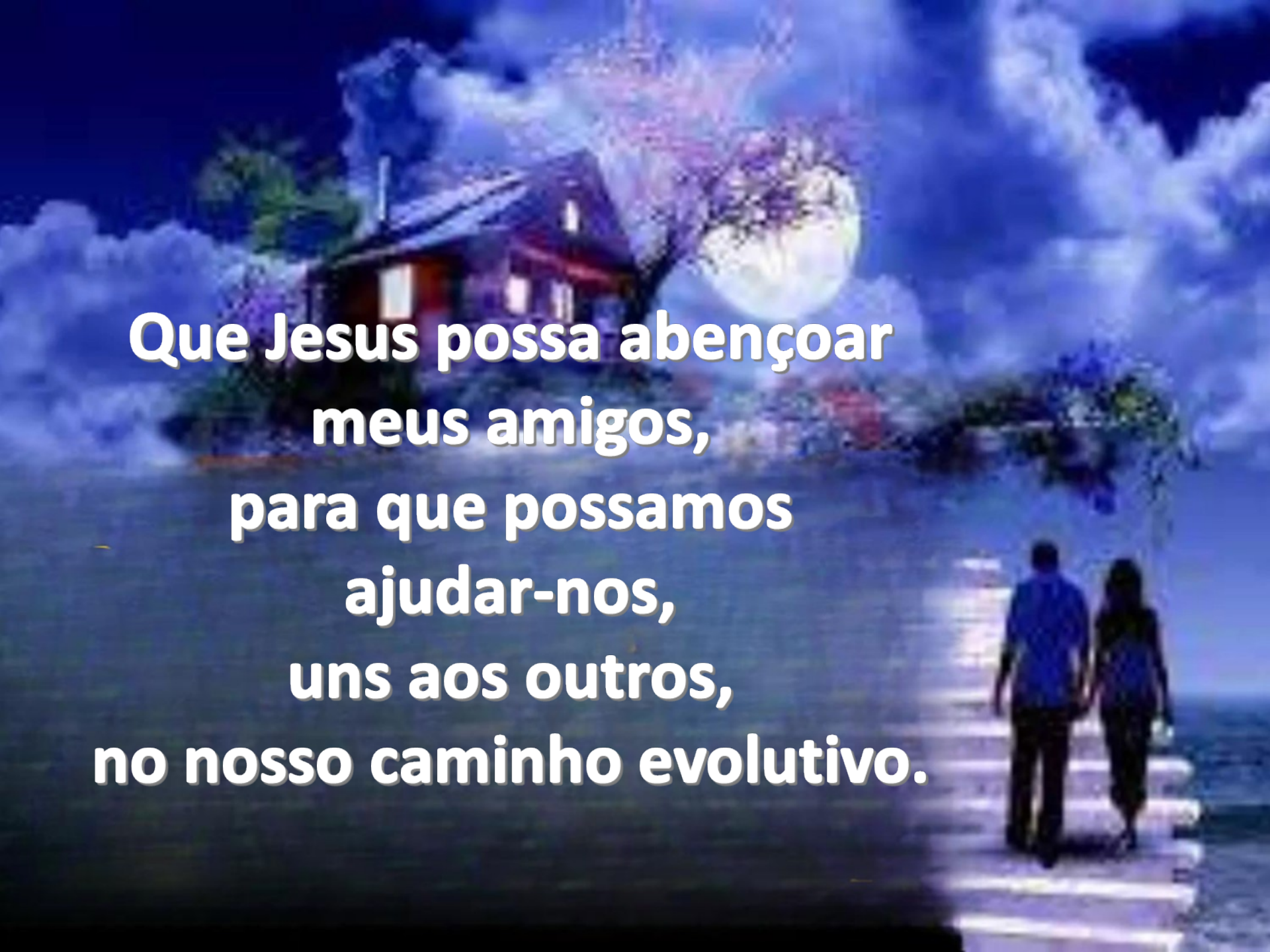
Saúde é harmonia em tudo o que pensamos e fazemos. Se estamos alimentando o ódio contra os nossos companheiros, dá-se uma disfunção em todos os nossos corpos, levando-nos à enfermidade, enquanto durar a nossa ignorância.

A romantic night scene featuring a small wooden cabin with a chimney and a porch, illuminated from within. A large, bright full moon hangs in a dark, cloudy sky. In the foreground, a man and a woman are walking away from the viewer on a stone path that leads towards the cabin. The overall atmosphere is serene and intimate.

Jesus nos induz, a cada segundo, para a conjugação dos nossos ideais na amplitude de todos os nossos sentimentos, para a grandeza da amizade.



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A romantic night scene featuring a small wooden cabin with a chimney, a large full moon, and a couple walking away on a path. The scene is set against a dark, cloudy sky with a full moon. In the foreground, a man and a woman are walking away from the viewer on a path that leads towards the cabin. The overall mood is peaceful and intimate.

**Que Jesus possa abençoar
meus amigos,
para que possamos
ajudar-nos,
uns aos outros,
no nosso caminho evolutivo.**

**ACESSE O LINK
E VEJA NOSSO VÍDEO
NO YOUTUBE!**

**INSCREVA-SE PARA NOVIDADES
E NOVOS VÍDEOS!**

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Paz e Luz

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Estude a codificação espírita

